

Morning Prayer from The Book of Common Prayer

Dearly beloved brethren,
the Scripture moveth us in sundry places to acknowledge
and confess our manifold sins and wickedness;
and that we should not dissemble nor cloak them before
the face of almighty God our heavenly Father;
but confess them with an humble, lowly, penitent and
obedient heart;
to the end that we may obtain forgiveness of the same
by his infinite goodness and mercy.
And although we ought at all times humbly to acknowledge
our sins before God;
yet ought we most chiefly so to do,
when we assemble and meet together
to render thanks for the great benefits that we have
received at his hands,
to set forth his most worthy praise,
to hear his most holy word,
and to ask those things which are requisite and necessary,
as well for the body as the soul.

Wherefore I pray and beseech you,
as many as are here present,
to accompany me with a pure heart, and humble voice,
unto the throne of the heavenly grace, saying with me:

**All Almighty and most merciful Father,
we have erred, and strayed from thy ways like lost sheep.
We have followed too much the devices and desires
of our own hearts.
We have offended against thy holy laws.
We have left undone those things
which we ought to have done;
and we have done those things
which we ought not to have done;
and there is no health in us.
But thou, O Lord, have mercy upon us, miserable offenders.
Spare thou them, O God, which confess their faults.
Restore thou them that are penitent;
according to thy promises declared unto mankind
in Christ Jesu our Lord.
And grant, O most merciful Father, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of thy holy name. Amen.**

Almighty God, the Father of our Lord Jesus Christ,
who desireth not the death of a sinner,
but rather that he may turn from his wickedness and live;
and hath given power, and commandment, to his ministers
to declare and pronounce to his people, being penitent,
the absolution and remission of their sins:
he pardoneth and absolveth all them that truly repent
and unfeignedly believe his holy gospel.

Wherefore let us beseech him to grant us true repentance,
and his Holy Spirit,
that those things may please him which we do at this present;
and that the rest of our life hereafter may be pure and holy;
so that at the last we may come to his eternal joy;
through Jesus Christ our Lord.

All **Amen.**

All **Our Father, which art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done,
in earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive them that trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

O Lord, open thou our lips
All **and our mouth shall shew forth thy praise.**

O God, make speed to save us.
All **O Lord, make haste to help us.**

Glory be to the Father, and to the Son,
and to the Holy Ghost;
All **as it was in the beginning, is now, and ever shall be,
world without end. Amen.**

Praise ye the Lord.
All **The Lord's name be praised.**

Psalm 145.8-9,15-22

8 The Lord is gracious and merciful, long-suffering and of great goodness. 9 The Lord is loving to everyone and his mercy is over all his creatures. 14 The Lord is sure in all his words and faithful in all his deeds. 15 The Lord upholds all those who fall and lifts up all those who are bowed down. 16 The eyes of all wait upon you, O Lord, and you give them their food in due season. 17 You open wide your hand and fill all things living with plenty. 18 The Lord is righteous in all his ways and loving in all his works. 19 The Lord is near to those who call upon him, to all who call upon him faithfully. 20 He fulfils the desire of those who fear him, he hears their cry and saves them. 21 The Lord watches over those who love him, but all the wicked shall he destroy. 22 My mouth shall speak the praise of the Lord, and let all flesh bless his holy name for ever and ever.

**Glory be to the Father, and to the Son
and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be
world without end. Amen.**

Here beginneth the 22nd verse of the 32nd Chapter of the Book of Genesis

And Jacob rose up that night, and took his two wives, and his two womenservants, and his eleven sons, and passed over the ford Jabbok. And he took them, and sent them over the brook, and sent over that he had. And Jacob was left alone; and there wrestled a man with him until the breaking of the day. And when he saw that he prevailed not against him, he touched the hollow of his thigh; and the hollow of Jacob's thigh was out of joint, as he wrestled with him. And he said, Let me go, for the day breaketh. And he said, I will not let thee go, except thou bless me. And he said unto him, What is thy name? And he said, Jacob. And he said, Thy name shall be called no more Jacob, but Israel: for as a prince hast thou power with God and with men, and hast prevailed. And Jacob asked him, and said, Tell me, I pray thee, thy name. And he said, Wherefore is it that thou dost ask after my name? And he blessed him there. And Jacob called the name of the place Peniel: for I have seen God face to face, and my life is preserved. And as he passed over Peniel the sun rose upon him, and he halted upon his thigh.

Here endeth the First Lesson

○ Lord, let thy mercy lighten upon us, as our trust is in thee.

○ Lord, in thee have I trusted; let me never be confounded.

Benedictus

- 1 Blessed be the Lord God of Israel :
for he hath visited, and redeemed his people;
- 2 And hath raised up a mighty salvation for us :
in the house of his servant David;

- 3 As he spake by the mouth of his holy Prophets :
which have been since the world began;
- 4 That we should be saved from our enemies :
and from the hands of all that hate us;
- 5 To perform the mercy promised to our forefathers :
and to remember his holy covenant;
- 6 To perform the oath which he sware to our forefather Abraham :
that he would give us,
- 7 That we being delivered out of the hands of our enemies :
might serve him without fear,
- 8 In holiness and righteousness before him :
all the days of our life.
- 9 And thou, child, shalt be called the Prophet of the Highest :
for thou shalt go before the face of the Lord to prepare his ways;
- 10 To give knowledge of salvation unto his people :
for the remission of their sins;
- 11 Through the tender mercy of our God :
whereby the day-spring from on high hath visited us;
- 12 To give light to them that sit in darkness,
and in the shadow of death :
and to guide our feet into the way of peace.
Glory be to the Father, and to the Son :
and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be :
world without end. Amen.

Here beginneth the 13th verse of the 14th Chapter of the Gospel according to St Matthew
¹³ When Jesus heard that Herod had beheaded John the Baptist, he withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. ¹⁴ When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. ¹⁵ When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' ¹⁶ Jesus said to them, 'They need not go away; you give them something to eat.' ¹⁷ They replied, 'We have nothing here but five loaves and two fish.' ¹⁸ And he said, 'Bring them here to me.' ¹⁹ Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. ²⁰ And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. ²¹ And those who ate were about five thousand men, besides women and children.

Here endeth the Second Lesson

Sermon Rev Dr John Thewliss

The Apostles' Creed

**All I believe in God the Father almighty,
maker of heaven and earth:
and in Jesus Christ his only Son our Lord,
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell;
the third day he rose again from the dead;
he ascended into heaven,
and sitteth on the right hand of God the Father almighty; from thence he
shall come to judge the quick and the dead.
I believe in the Holy Ghost;
the holy catholic Church;
the communion of saints;
the forgiveness of sins;
the resurrection of the body,
and the life everlasting.
Amen.**

Sermon

Prayers

The Lord be with you.

All And with thy spirit.

Let us pray.

Lord, have mercy upon us.

All Christ, have mercy upon us.

Lord, have mercy upon us.

**All Our Father, which art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done,
in earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive them that trespass against us.
And lead us not into temptation;
but deliver us from evil. Amen.**

O Lord, shew thy mercy upon us.

All **And grant us thy salvation.**

O Lord, save the Queen.

All **And mercifully hear us when we call upon thee.**

Endue thy ministers with righteousness.

All **And make thy chosen people joyful.**

O Lord, save thy people.

All **And bless thine inheritance.**

Give peace in our time, O Lord.

All **Because there is none other that fighteth for us,
but only thou, O God.**

O God, make clean our hearts within us.

All **And take not thy Holy Spirit from us.**

The Collect of the Day

Almighty Lord and everlasting God,
we beseech you to direct, sanctify and govern
both our hearts and bodies
in the ways of your laws
and the works of your commandments;
that through your most mighty protection, both here and ever,
we may be preserved in body and soul;
through our Lord and Saviour Jesus Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

The Collect for Peace

O God, who art the author of peace and lover of concord,
in knowledge of whom standeth our eternal life,
whose service is perfect freedom;
defend us thy humble servants in all assaults of our enemies;
that we, surely trusting in thy defence,
may not fear the power of any adversaries;
through the might of Jesus Christ our Lord.

All **Amen.**

The Collect for Grace

O Lord, our heavenly Father,
almighty and everlasting God,
who hast safely brought us to the beginning of this day;
defend us in the same with thy mighty power;

and grant that this day we fall into no sin,
neither run into any kind of danger,
but that all our doings may be ordered by thy governance,
to do always that is righteous in thy sight;
through Jesus Christ our Lord.

All **Amen.**

Prayers

The Grace

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Ghost,
be with us all evermore.

All **Amen.**